

# Patient Health Questionnaire-2 (PHQ-2)

## Questions

Over the past two weeks, how often have you been bothered by any of the following problems?

1. Little interest or pleasure in doing things.

0.

Not at all

1.

Several days

2.

More than half the days

3.

Nearly every day

2. Feeling down, depressed, or hopeless.

0.

Not at all

1.

Several days

2.

More than half the days

3.

Nearly every day

## Scoring

PHQ-2 score is obtained by adding up the scores for each question. List your total score below:

## Interpretation

A PHQ-2 score ranges from 0-6. The authors identified a score of 3 as the optimal cutpoint when using the PHQ-2 to screen for depression. If the score is 3 or greater, major depressive disorder is likely.

Score range: