

Parent Management Training for ODD

Participant Information:	
Child's Name:	Age:
Diagnosed With ODD:	
Other Relevant Diagnoses:	
Parent/Caregiver's Name:	

Goals for Behavior Management:

Strategy 1: Positive Reinforcement

- Description:
- Implementation Steps:

- Examples of Positive Reinforcements:

Strategy 2: Effective Discipline

- Description:
- Implementation Steps:

- Examples of Discipline Techniques:

Strategy 3: Consistency

- Description:
- Implementation Steps:

Strategy 4: Clear Communication

- Description:
- Implementation Steps:

- **Tips for Clear Communication:**

Strategy 5: Problem-solving Skills

- **Description:**
- **Implementation Steps:**

- **Examples of Problem-solving Situations:**

Strategy 6: Monitoring and Supervision

- **Description:**
- **Implementation Steps:**

Strategy 7: Stress Management for Parents

- **Description:**
- **Implementation Steps:**

- **Stress Management Techniques:**

Progress Tracking and Notes:

(Continue as needed for ongoing tracking and adjustments.)