

Parent Management Training for ODD

Participant Information:

Child's Name:

Age:

Diagnosed With ODD:

Other Relevant Diagnoses:

Parent/Caregiver's Name:

Goals for Behavior Management:

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Strategy 1: Positive Reinforcement

- Description:
- Implementation Steps:

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- Examples of Positive Reinforcements:

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Strategy 2: Effective Discipline

- **Description:**
- **Implementation Steps:**

- **Examples of Discipline Techniques:**

Strategy 3: Consistency

- **Description:**
- **Implementation Steps:**

Strategy 4: Clear Communication

- **Description:**
- **Implementation Steps:**

- **Tips for Clear Communication:**

Strategy 5: Problem-solving Skills

- **Description:**
- **Implementation Steps:**

- **Examples of Problem-solving Situations:**

Strategy 6: Monitoring and Supervision

- **Description:**
- **Implementation Steps:**

Strategy 7: Stress Management for Parents

- **Description:**
- **Implementation Steps:**

- **Stress Management Techniques:**

Progress Tracking and Notes:

(Continue as needed for ongoing tracking and adjustments.)