Outer Knee Pain Location Chart

Patient Information

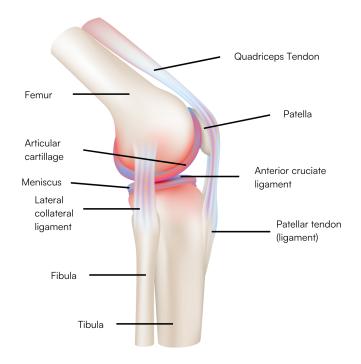
Name:

Date of Birth:

Medical Record Number:

Instructions:

- Please mark the area(s) where you experience outer knee pain.
- Use a different symbol or color for each visit to track changes.
- Note any associated symptoms or details.



Key:

- O: Pain during rest
- 🔶 : Pain during walking
- 📘 : Pain during bending
- △: Pain during activity
- 는 : Swelling
- I : Tenderness

Date of Assessment: