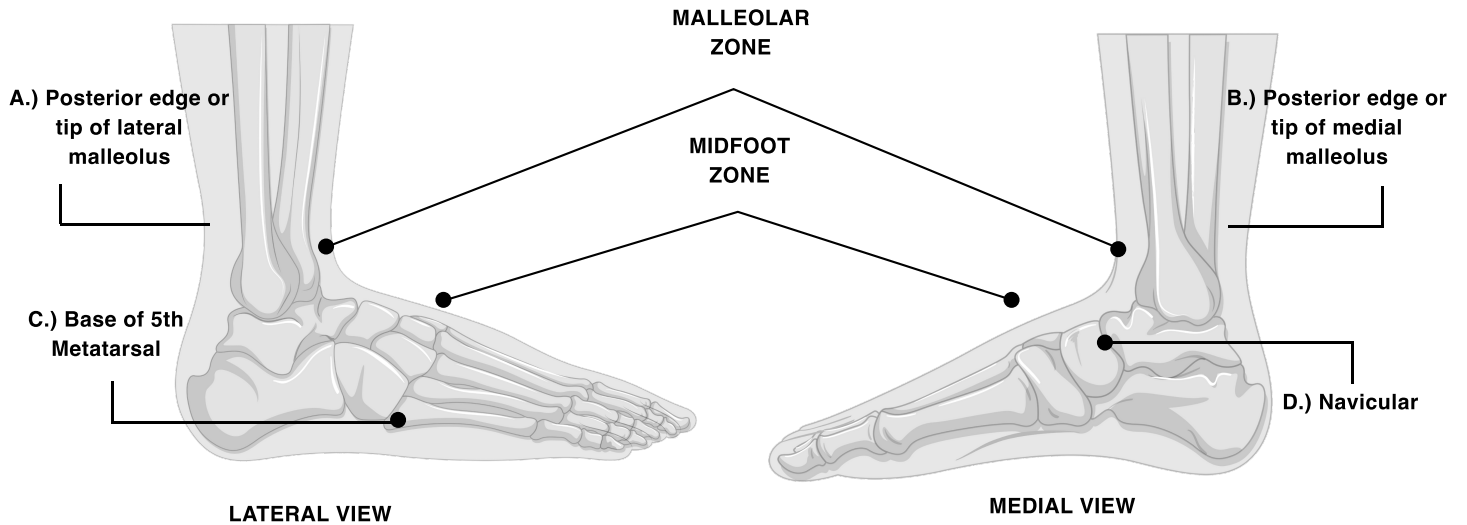


# Ottawa Ankle Rules

Name:	Date:
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Malleolar Pain		
<b>1. Bone tenderness at A</b> Posterior edge or tip of lateral malleolus	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>2. Bone tenderness at B</b> Posterior edge or tip of medial malleolus	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>3. Inability to bear weight both immediately after injury AND in ED</b> Posterior edge or tip of medial malleolus	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Middle Foot Pain		
<b>1. Bone tenderness at C</b> Base of 5th metatarsal	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>2. Bone tenderness at D</b> Navicular	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>3. Inability to bear weight both immediately after injury AND in ED</b> Patient unable to take four steps	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Notes:</b>    		

Image by brgfx on Freepik