OT Cognitive Assessments

Patient Information
Name:
Age:
Gender: Male   Female   Other:
Diagnosis:
Date of Assessment:
Occupational Therapist:

Objective

The Kettle Test is a functional assessment tool designed to evaluate an individual's cognitive and functional abilities in performing the task of making a cup of tea or coffee. This template serves as a guide for occupational therapists to administer and document the Kettle Test assessment.

Instructions

1. Setup

Provide the patient with the necessary materials to make a cup of tea or coffee, including a kettle, tea bags or coffee grounds, cups, sugar, milk, and any additional items typically used by the patient.

2. Task Explanation

Explain the task to the patient, emphasizing that they are to perform the steps involved in making a cup of tea or coffee as they would at home.

3. Observation

Observe the patient's performance throughout the task, noting any difficulties, errors, or safety concerns.

4. Scoring

Use the scoring criteria below to evaluate the patient's performance:

- **Planning and Organization:**
  Ability to gather necessary materials and plan the sequence of steps.
- **Execution:**
  Ability to carry out each task step accurately and efficiently.
- **Problem-Solving:**
  Ability to identify and overcome any obstacles encountered during the task.
- **Safety:**
  Awareness of safety precautions and adherence to safe practices throughout the task.

5. Documentation

Record the patient's performance, including any observations, errors, or difficulties encountered during the task.

Scoring Criteria

- 0: Unable to complete the task independently or with significant assistance.
- 1: Partially completed the task with frequent cues or prompts.
- 2: Completed the task independently with minimal cues or prompts.
- N/A: Not applicable (e.g., if the patient does not drink tea or coffee).

Assessment Notes

Preparation:

Brewing:

Finishing Touches:

Overall Score:

Therapist's Signature

Date: