

# OT Cognitive Assessments

## Patient Information

Name:

Age:

Gender:          Male          Female          Other:

Diagnosis:

Date of Assessment:

Occupational Therapist:

## Objective

The Kettle Test is a functional assessment tool designed to evaluate an individual's cognitive and functional abilities in performing the task of making a cup of tea or coffee. This template serves as a guide for occupational therapists to administer and document the Kettle Test assessment.

## Instructions

### 1. Setup

Provide the patient with the necessary materials to make a cup of tea or coffee, including a kettle, tea bags or coffee grounds, cups, sugar, milk, and any additional items typically used by the patient.

### 2. Task Explanation

Explain the task to the patient, emphasizing that they are to perform the steps involved in making a cup of tea or coffee as they would at home.

### 3. Observation

Observe the patient's performance throughout the task, noting any difficulties, errors, or safety concerns.

### 4. Scoring

Use the scoring criteria below to evaluate the patient's performance:

- **Planning and Organization:**  
Ability to gather necessary materials and plan the sequence of steps.
- **Execution:**  
Ability to carry out each task step accurately and efficiently.
- **Problem-Solving:**  
Ability to identify and overcome any obstacles encountered during the task.
- **Safety:**  
Awareness of safety precautions and adherence to safe practices throughout the task.

## 5. Documentation

Record the patient's performance, including any observations, errors, or difficulties encountered during the task.

### Scoring Criteria

- 0: Unable to complete the task independently or with significant assistance.
- 1: Partially completed the task with frequent cues or prompts.
- 2: Completed the task independently with minimal cues or prompts.
- N/A: Not applicable (e.g., if the patient does not drink tea or coffee).

### Assessment Notes

Preparation:

Brewing:

Finishing Touches:

Overall Score:

Therapist's Signature

Date: