

# Osteoarthritis Diagnosis Criteria

<b>Patient Information</b>	
Name:	
Date of Birth:	Date of Examination:
<b>Clinical History</b>	
Symptom Onset:	
Duration:	
Description:	
Previous Injuries:	
Family History:	
<b>Lifestyle Factors</b>	
Occupation:	
Physical Activity Level:	
Body Weight:	
<b>Physical Examination Findings</b>	
Affected Joints:	
<b>Pain Assessment</b>	
Location:	
Intensity (1-10):	
Characteristics (sharp, dull, throbbing):	
<b>Joint Tenderness:</b>	
<b>Range of Motion:</b>	
Crepitus: Presence / Absence	
<b>Joint Swelling / Stiffness:</b>	
<b>Bony Enlargements or Deformities:</b>	

## Radiographic and Laboratory Findings

### X-Ray Findings

Joint Space Narrowing: Presence / Absence

Osteophytes (Bone Spurs): Presence / Absence

Subchondral Sclerosis: Presence / Absence

### MRI (if applicable)

Cartilage Loss: Presence / Absence

Synovial Inflammation: Presence / Absence

## Diagnostic Criteria

### Osteoarthritis of the Hip

- Pain in the hip
- Radiographic evidence of joint space narrowing, osteophytes, and possibly subchondral sclerosis.

### Osteoarthritis of the Knee

- Knee pain with at least three of the following:
  - Age >50 years
  - Morning stiffness <30 minutes
  - Crepitus
  - Bony tenderness
  - Bony enlargement
  - No palpable warmth of synovium

### Osteoarthritis of the Hand

- Hand pain, aching, or stiffness
- Hard tissue enlargement of  $\geq 2$  of 10 selected joints
- Fewer than three swollen metacarpophalangeal joints
- Radiographic osteophytes in  $\geq 2$  joint sites

## Diagnosis

Based on the above criteria, the diagnosis of osteoarthritis is confirmed for the

\_\_\_\_\_ joint(s).

## Remarks and Recommendations

## Reference

*ACR Diagnostic Guidelines*. (2016). Johns Hopkins Arthritis Center. <https://www.hopkinsarthritis.org/physician-corner/education/arthritis-education-diagnostic-guidelines/>