

Olfactory Nerve Test

Name	Date
Materials needed <ul style="list-style-type: none">• Nonirritating substances for testing (e.g., vanilla, lemon, freshly ground coffee).• Vials or containers for the test odors.• Blindfold for the patient.• Documentation sheet for recording responses.	
Instructions <ol style="list-style-type: none">1. Explain the procedure to the patient, including what they should expect and how they should respond.2. Begin by choosing a nonirritating substance from the list provided above.3. Have the patient close their eyes or blindfold them to ensure that their sense of smell is not influenced by visual cues.4. Hold the open vial or container containing the test odor about 2 inches away from one nostril.5. Ask the patient to take a deep breath in through their nose and then slowly exhale through their mouth.6. Remove the vial or container and ask the patient to identify the scent they just smelled.7. Record their response below, noting if they correctly identified the smell or if there was no response.8. Repeat the test with the same substance on the other nostril, making sure to use a new vial or container.9. Once both nostrils have been tested for that particular substance, move on to the next substance on the list and repeat steps 4-8.10. After all substances have been tested, review and document the patient's responses.11. If there are any concerns or discrepancies in the results, refer the patient to a specialist for further testing.	
Findings	

Additional notes

Reference

Walker, H. K. (1990). *Cranial Nerve I: The Olfactory Nerve* (H. K. Walker, W. D. Hall, & J. W. Hurst, Eds.). PubMed; Butterworths.

<https://www.ncbi.nlm.nih.gov/books/NBK382/#:~:text=The%20patient%20places%20an%20index>