Occupational Therapy Home Assessment

Patient Information	
Name:	Mrs. Elizabeth Thompson
Date of Birth:	03/15/1955
Address:	123 Oak Street, Anytown, USA
Contact Number:	(555) 123-4567
Emergency Contact:	Mr. John Thompson (Spouse)

Referring Physician/Healthcare Provider	
Name:	Dr. Sarah Martinez, MD
Contact Information:	(555) 987-6543

Reason for Referral

Mrs. Thompson is referred for an occupational therapy home assessment due to recent hip surgery and concerns about her ability to perform daily activities at home safely.

Assessment Components

1. Daily Living Activities

Mrs. Thompson exhibits difficulty with dressing and reaching items in the kitchen.

Despite challenges, she maintains independence in grooming and basic meal preparation.

2. Home Environment

The home has multiple trip hazards, particularly in the hallway.

Recommend installing grab bars in the bathroom and handrails in the hallway for safety.

3. Cognitive Function

Mrs. Thompson demonstrates intact cognitive function with no significant impairments affecting daily activities.

4. Mobility and Physical Skills

Limited mobility and balance were noted post-hip surgery.

Fine motor skills were impacted; challenges with grasping small objects.

5. Assistive Devices

Currently using a walker; recommend its continued use.

Propose using a raised toilet seat and adaptive utensils for improved independence.

6. Family/Caregiver Input

Mr. Thompson provides significant support but expresses concerns about potential falls.

Intervention Plan

1. Goals

Short-term: Improve Mrs. Thompson's ability to transfer safely.

Long-term: Enhance overall independence in daily activities.

2. Interventions

Initiate therapeutic exercises for mobility and balance.

Recommend home modifications, including grab bar installation and rearrangement of furniture.

Educate on the proper use of assistive devices.

3. Education

Provide education on energy conservation techniques to manage fatigue.

Instruct on safe practices during daily activities to prevent falls.

4. Follow-Up

Schedule bi-weekly follow-up sessions to monitor progress.

Adjust interventions as needed based on Mrs. Thompson's response.

Additional Recommendations

Refer Mrs. Thompson to a physical therapist for additional mobility exercises.

Suggest a community support group for individuals recovering from surgery.

Provider Signature

Name: Dr. Sylvia Island

Date: January 24, 2024