

# Nystagmus Test

## Patient Information

Name:

Age:

Gender:          Male          Female          Other:

Medical History:

Medications:

## Clinical Examination

Visual Acuity:

Pupil Size and Reactivity:

Extraocular Movements:

Assessment of Fixation:

Assessment of Smooth Pursuit:

Assessment of Gaze Holding:

Observation of Nystagmus:

## Diagnostic Maneuvers

Dix-Hallpike Maneuver:

Heal Impulse Test:

Caloric Testing:

## Interpretation

Identify the type of nystagmus observed:

Assess for physiological nystagmus versus pathological nystagmus:

Consider differential diagnoses based on nystagmus characteristics and associated symptoms:

## Additional Investigations (if included)

Audiometry:

Imaging Studies (e.g. MRI CT scan):

Blood Test (e.g. electrolyte levels, thyroid function):

## Management Plan

## Patient Education

Explanation of nystagmus findings and implications:

Discussion of treatment options and expected outcomes:

Advice on lifestyle modifications or precautions, if applicable:

## Documentation

Detailed documentation of examination findings, diagnostic maneuvers, and management plan:

Informed consent for any diagnostic procedures or treatments performed:

Communication with referring healthcare providers, if applicable:

## Follow-Up and Monitoring

Schedule follow-up appointments as needed to assess treatment response and disease progressions:

Monitor for resolution recurrence of symptoms over time:

## Medical Professional Signature

Date: