Nursing Teaching Plan

Topic	Target audience
Wound care management	Adult patients (Aged 40-70) with chronic wounds and their caregivers

Possible barriers to learning
Limited mobility, low health literacy, vision impairment, language barriers, anxiety about wound care.

Date and duration: August 12, 2024, 90 minutes

Content	Learning objectives	Teaching learning activities	Methods and materials	Evaluation method
Understanding your wound	The patient/learner must be able to:	Explanation of the wound type, its cause, and expected healing process.	Pamphlets with wound information, wound images.	Q&A to assess understanding of wound type.
Importance of hand hygiene	2. recognize the importance of hand hygiene in wound care.	Demonstration of proper hand washing techniques before wound care.	Hand hygiene video, soap and water, hand sanitizer.	Observation of hand washing technique.
How to change a dressing	3. cite the steps to properly change a wound dressing.	Step-by-step demonstration on dressing change, explaining each step.	Dressing kits, instructional video, sterile gloves.	Return demonstration of dressing change.
Signs of infection	4. identify signs of infection and know when to seek help.	Discuss common signs of infection and actions to take if they appear.	Visual aids showing signs of infection, symptom checklist. Verbal recall of signs of	
Monitoring and documenting your wound	6. Learn how to monitor and document wound healing progress.	Instruction on measuring wound size and noting changes over time.	Wound measurement tools, documentation template.	Review of patient's wound documentation.

References:

Reference book