

Nursing Skills Checklist

Nurse Name:

Date:

Instructions: Rate your competency level for each skill based on the following scale:

- **Level 1:** Confident – Has experience with ability, requires little or no supervision.
- **Level 2:** Need assistance – Has some experience with skill, requires moderate supervision.
- **Level 3:** No experience – Requires close supervision.

Assessment		Competency Level
1. Obtaining Patient History	Collects a comprehensive patient history, including demographics, chief complaint, past medical history, family history, social history, and medications.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
2. Performing Physical Examination	Conducts a thorough physical examination, including assessment of vital signs, head-to-toe assessment, and specific system examinations.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
3. Interpreting Diagnostic Tests	Reviews and interprets diagnostic tests, such as laboratory tests, X-rays, and EKGs, to identify potential problems.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
Intervention		Competency Level
4. Administering Medications	Administers medications accurately and safely, following the five rights of medication administration.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
5. Inserting and Maintaining IV Catheters	Inserts and maintains IV catheters, ensuring proper technique and asepsis.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3

6. Wound Care	Provides wound care, including cleaning, dressing changes, and monitoring for signs of infection.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
Teaching and Communication		Competency Level
7. Patient Education	Provides patient education on various topics, such as medication administration, discharge planning, and disease prevention.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
8. Communication with Patients and Families	Communicates effectively with patients and families, providing clear and concise information and answering questions compassionately.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
9. Communication with the Healthcare Team	Collaborates effectively with other members of the healthcare team to provide coordinated care.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
Additional Skills		Competency Level
10. Critical Thinking	Demonstrates critical thinking skills by analyzing patient data, identifying problems, and making sound clinical decisions.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
11. Problem-Solving	Effectively solves problems that arise during patient care.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
12. Time Management	Manages time effectively to meet patient needs and complete tasks efficiently.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3

13. Professionalism	Maintains a professional demeanor and adheres to ethical standards of practice.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
Overall Competency Level:		<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
Comments:		