

# Nursing Skills Checklist

Nurse Name:

Date:

**Instructions:** Rate your competency level for each skill based on the following scale:

- **Level 1:** Confident – Has experience with ability, requires little or no supervision.
- **Level 2:** Need assistance – Has some experience with skill, requires moderate supervision.
- **Level 3:** No experience – Requires close supervision.

Assessment		Competency Level
<b>1. Obtaining Patient History</b>	Collects a comprehensive patient history, including demographics, chief complaint, past medical history, family history, social history, and medications.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>2. Performing Physical Examination</b>	Conducts a thorough physical examination, including assessment of vital signs, head-to-toe assessment, and specific system examinations.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>3. Interpreting Diagnostic Tests</b>	Reviews and interprets diagnostic tests, such as laboratory tests, X-rays, and EKGs, to identify potential problems.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
Intervention		Competency Level
<b>4. Administering Medications</b>	Administers medications accurately and safely, following the five rights of medication administration.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>5. Inserting and Maintaining IV Catheters</b>	Inserts and maintains IV catheters, ensuring proper technique and asepsis.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3

<b>6. Wound Care</b>	Provides wound care, including cleaning, dressing changes, and monitoring for signs of infection.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>Teaching and Communication</b>		<b>Competency Level</b>
<b>7. Patient Education</b>	Provides patient education on various topics, such as medication administration, discharge planning, and disease prevention.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>8. Communication with Patients and Families</b>	Communicates effectively with patients and families, providing clear and concise information and answering questions compassionately.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>9. Communication with the Healthcare Team</b>	Collaborates effectively with other members of the healthcare team to provide coordinated care.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>Additional Skills</b>		<b>Competency Level</b>
<b>10. Critical Thinking</b>	Demonstrates critical thinking skills by analyzing patient data, identifying problems, and making sound clinical decisions.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>11. Problem-Solving</b>	Effectively solves problems that arise during patient care.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>12. Time Management</b>	Manages time effectively to meet patient needs and complete tasks efficiently.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3

<b>13. Professionalism</b>	Maintains a professional demeanor and adheres to ethical standards of practice.	<input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3
<b>Overall Competency Level:</b>		<input type="checkbox"/> <b>Level 1</b> <input type="checkbox"/> <b>Level 2</b> <input type="checkbox"/> <b>Level 3</b>
<b>Comments:</b>		