Nurse Brain Sheets

Patient Name: Emily Johansson **Date:** December 2, 2023

Room Number: 85621651 **Code:** 7788999

Allergy: None

Admission Date: November 30, 2023

Admission Reason:
Diabetic Ketoacidosis, Uncontrolled blood glucose levels leading to Diabetic Ketoacidosis

Background:
Type 2 Diabetes, Medication adherence concerns

Safety	Isolation:
☐ Confused	☑ None
☑ Fall	☐ Contact
☐ Restraints	☐ Droplet
☐ Alarm	☐ Airborne
☐ Suicide	☐ Neutroperic

Assessment:

Vital Signs	Diagnostic Tests:
Blood Pressure: 130/80 mmHg **Heart Rate:** 82 bpm **Respiratory Rate:** 18 breaths/min **Temperature:** 98.6°F **Oxygen Saturation:** 98%	**Pending Tests:** HbA1c, Lipid profile **Results and Interpretation:** Pending

Assessment	Medications:

General Appearance:
Alert and oriented, skin warm and dry
Neurological Status:
Glasgow Coma Scale 15/15
	• **List of Current Medications:**
	  • Metformin 1000mg, PO, BID
	  • Insulin Glargine 20 units, SubQ, HS
	• Dosages and Frequencies:
	As prescribed

Respiratory Status: Clear breath sounds bilaterally **Cardiovascular Status:** Regular rhythm, no murmurs **Gastrointestinal Status:** Bowel sounds present in all quadrants **Genitourinary Status:** No concerns reported **Musculoskeletal Status:** Full range of motion	• Last Administered: Metformin - 8 AM, Insulin - 9 PM

Interventions:

- Scheduled Procedures: Blood glucose monitoring every 4 hours
- Nursing Interventions: Encourage hydration, monitor blood glucose levels
- Patient Education: Diabetes self-management, insulin administration

Collaborative Care:

- Physician Rounds: Daily at 10 AM
- Consultations: Endocrinology consult scheduled
- Allied Health Team Involvement: Registered Dietitian for dietary counseling

Goals and Plan of Care:

- Short-Term Goals: Stabilize blood glucose levels, initiate patient education
- Long-Term Goals: Achieve glycemic control, prevent complication
- Care Plan Overview: Diabetes management, patient education on insulin administratio