

Normal Iron Level Chart

Age/Gender	Normal Serum Iron Range
Adult males	75-175 mcg/dL
Adult females	65-165 mcg/dL
Children	50-120 mcg/dL
Newborns	100-250 mcg/dL

Patient's Information

Patient's Name: _____

Date of Test: _____ Age: _____

Clinical Symptoms (e.g., fatigue, weakness, joint pain, etc.): _____

Current Medications and Supplements: _____

Any Recent Dietary Changes: _____

Other Relevant Medical History: _____

Parameter	Patient's Result	Reference Range	Interpretation
Serum Iron (mcg/dL)			
Total Iron-Binding Capacity (TIBC) (mcg/dL)			
Transferrin Saturation (%)			

Date of Assessment: _____

Clinical Assessment and Recommendations: