

# Normal Iron Level Chart

Age/Gender	Normal Serum Iron Range
Adult males	75-175 mcg/dL
Adult females	65-165 mcg/dL
Children	50-120 mcg/dL
Newborns	100-250 mcg/dL

## Patient's Information

Patient's Name: \_\_\_\_\_

Date of Test: \_\_\_\_\_ Age: \_\_\_\_\_

Clinical Symptoms (e.g., fatigue, weakness, joint pain, etc.): \_\_\_\_\_

Current Medications and Supplements: \_\_\_\_\_

Any Recent Dietary Changes: \_\_\_\_\_

Other Relevant Medical History: \_\_\_\_\_

Parameter	Patient's Result	Reference Range	Interpretation
Serum Iron (mcg/dL)			
Total Iron-Binding Capacity (TIBC) (mcg/dL)			
Transferrin Saturation (%)			

Date of Assessment: \_\_\_\_\_

Clinical Assessment and Recommendations: