

# Normal Ejection Fraction By Age Chart

## Patient Information

Name:

Age:

Medical History:

## Ejection Fraction Measurement

Date of Measurement:

Measurement Method:

- Echocardiography
- Cardiac MRI
- Radionuclide Ventriculography

## Interpretation

Ejection Fraction Value:

Numerical Value:

Comparison to Age-Related Norms:

- Within Normal Range
- Slightly Below Normal Range
- Moderately Below Normal Range
- Severely Below Normal Range

Clinical Context:

Patient Symptoms:

Risk Factors:

Check all that apply:

- Asymptomatic
- Shortness of Breath
- Fatigue
- Swelling

### Risk Stratification

#### Previous Cardiovascular Events:

Yes  No

#### Family History of Heart Conditions:

Yes  No

### Recommendations

#### Monitoring Plan:

Regular Follow-up:

Interval Imaging:

#### Interventions:

Medication Adjustment:

Referral to Cardiologist:

Lifestyle Modifications:

#### Patient Education:

Explain EF and its significance:

Discuss lifestyle changes for heart health:

**Follow-Up Plan**

**Next Appointment Date:**

**Additional Tests/Imaging:**

Stress Test:

Coronary Angiography:

Additional Blood Tests:

**Notes**