## Newborn Reflexes Assessment

## Patient Information

| Name: |  |  |  |
| :--- | :--- | :--- | :--- |
| Date of Birth: |  | Date of Assessment: |  |
| Gender: |  | Weight at Birth: |  |
| Healthcare Facility: |  |  |  |

Newborn Reflexes Assessment

| Reflex Type | Description | Example Observation | Comments or Notes | Check if Present |
| :---: | :---: | :---: | :---: | :---: |
| Blink Reflex | Rapid closing of eyes in response to a stimulus | Shine a light near the baby's eyes; observe for quick eye closure |  | $\square$ |
| Rooting Reflex | Turning head toward a touch on the cheek | Gently stroke the baby's cheek; observe head movement |  | $\square$ |
| Sucking Reflex | Sucking on anything that touches the lips | Offer a clean pacifier or the baby's own finger |  | $\square$ |
| $\underset{\text { Reflex }}{\text { Extrusion }}$ | Thrusting tongue out when lips are touched | Gently touch the baby's lips; observe for tongue protrusion |  | $\square$ |
| Palmar Grasp Reflex | Gripping an object placed in the palm | Place a finger in the baby's palm; observe for grasping |  | $\square$ |
| Walk-inPlace Reflex | Stepping movements when feet touch a surface | Hold the baby upright with feet touching a flat surface |  | $\square$ |
| Tonic Neck <br> Reflex | Fencing posture; turning head to one side | Turn the baby's head to one side; observe arm and leg extension |  | $\square$ |
| Moro Reflex | Startle response with sudden head movement | Allow the baby's head to gently drop backward; observe response |  | $\square$ |
| Babinski Reflex | Toes fan out when the sole of the foot is stroked | Gently stroke the sole of the baby's foot; observe toe movement |  | $\square$ |


| Reflexes <br> of Spinal <br> Cord <br> Integrity | Assessing spinal <br> reflexes and <br> movements | Observe for <br> spontaneous <br> movements, muscle <br> tone, and reflexes | $\square$ |
| :--- | :--- | :--- | :--- | :--- |
| Landau <br> Reflex | Baby extends legs <br> when held in a <br> horizontal position | Hold the baby <br> horizontally; observe <br> for leg extension | $\square$ |

## Doctor's Signature:

Doctor's Name: $\qquad$
Date: $\qquad$

