

Neck Pain Chart

Patient Name: _____ Date Accomplished: _____

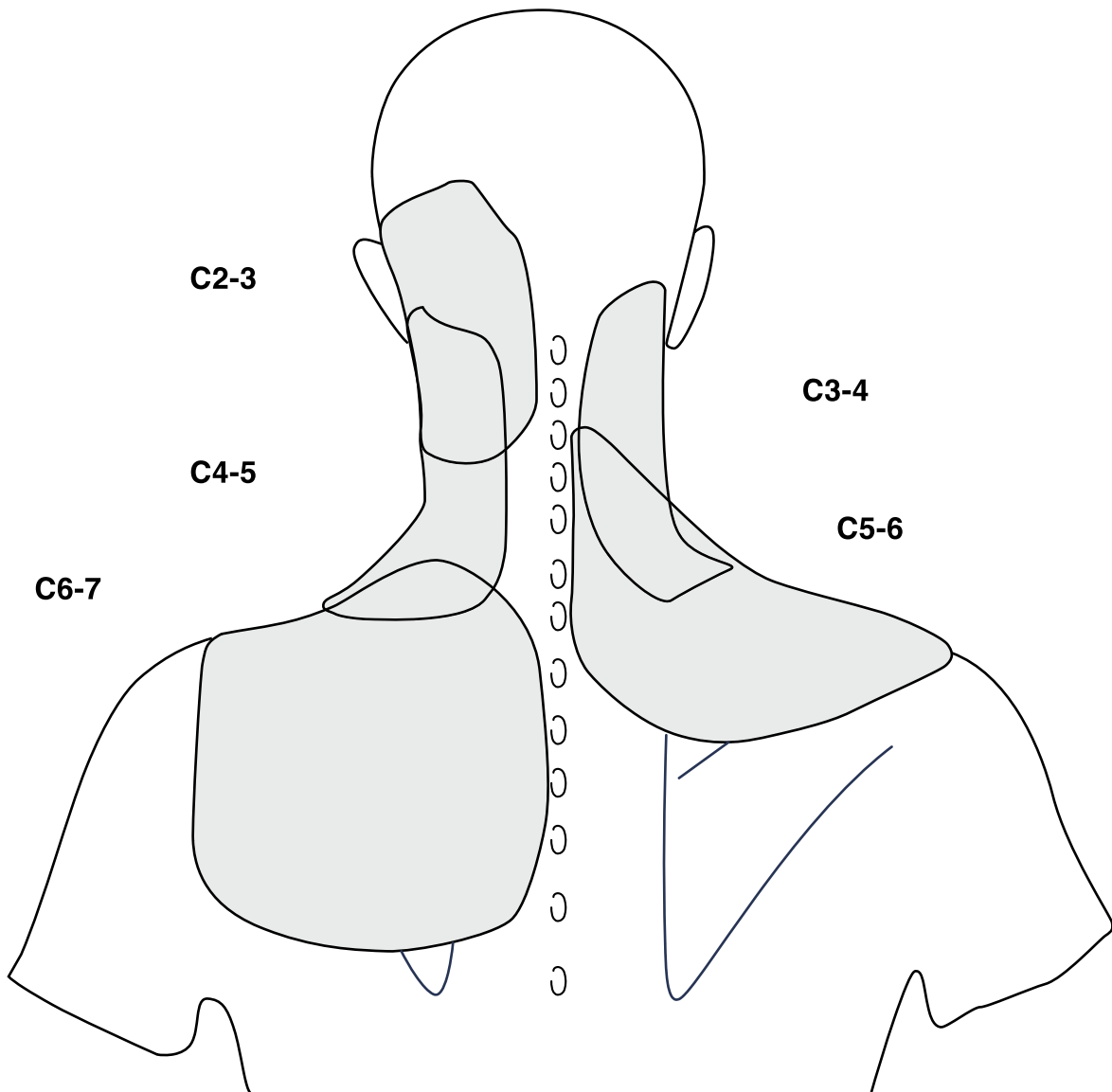
Symptoms

1. Location of Pain: _____

2. Type of Pain (Check all that apply):

- Chronic Neck Pain
- Severe Neck Pain
- Mechanical Neck Pain
- Radiating Neck Pain
- Neck Stiffness
- Subacute Neck Pain
- Stiff Neck

3. Pain Distribution (Mark areas of pain on the diagram below):



Results and Interpretation

Upon stimulation of the zygapophysial joints in normal volunteers, the distribution of pain indicated the following:

C2-C3: _____

C3-C4: _____

C4-C5: _____

C5-C6: _____

C6-C7: _____

C7-T1: _____

Notes

Please mark the corresponding vertebrae level(s) where the patient experiences pain or discomfort. Results will be interpreted by the physical therapist to tailor the treatment plan accordingly.