Nearsighted Test

Patient Name:	Kyla Aragon
Age:	34
Gender:	Female
Date:	March 7, 2024

Symptom Assessment
1. Difficulty seeing distant objects
☑ Yes ☐ No
2. Frequent headaches
☐ Yes ☑ No
3. Eyestrain & discomfort
☑ Yes ☐ No
4. Squinting or partially closing eyes to see
☑ Yes ☐ No
Activity-Related Questions
1. Experience blurred vision while driving
☑ Yes ☐ No

2. Struggling to see TV or movie screens

- [x] Yes
- [ ] No

3. Difficulty in outdoor games noticing distant objects

- [x] Yes
- [ ] No

4. Needing to sit closer in events for clear visibility

- [x] Yes
- [ ] No

Family History

Family members diagnosed with myopia:

- [x] Yes
- [ ] No

If yes, please specify their relation to the patient:
Mother and sister

Visual Acuity

Uncorrected Visual Acuity

Right Eye: 20/50

Left Eye: 20/40

Corrected Visual Acuity (if applicable)

Right Eye: N/A

Left Eye: N/A

Refraction Assessment
Right Eye
Sphere: -1.75
Cylinder: -0.50
Axis: 020
Left Eye
Sphere: -1.50
Cylinder: -0.25
Axis: 025

Diagnosis and Plan
Diagnosis: Myopia (Nearsightedness)
Diopter measurement (if myopia is confirmed): -1.75 Right Eye, -1.50 Left Eye
Prescription details for corrective glass or lenses (if myopia is confirmed): Prescription lenses with the above-specified diopter measurements.
Recommended next steps: Patient advised to select frames for corrective glasses. Discuss lifestyle changes and visual habits to manage symptoms.
Follow-up appointment (if needed): Scheduled for 06/25/2023 for reassessment and to ensure the prescription is effective.