

# Mental State Examination (MSE) Scoring

*Patient Information*

**Name:**

**Age:**

**Date of Assessment:**

**Chief Complaint:**

**Scoring Criteria**

Appearance and Behavior

- Well-groomed and appropriately dressed (+1)
- Disheveled or inappropriate attire (-1)
- Calm and cooperative (+1)
- Agitated or uncooperative (-1)
- Other observations: [Specify] \_\_\_\_\_

Mood

- Euthymic (Normal) (+1)
- Depressed (-1)
- Elevated (+1)
- Anxious (-1)
- Other mood description: [Specify] \_\_\_\_\_

Affect

- Congruent with mood (+1)
- Incongruent (-1)
- Restricted (-1)
- Labile (-1)
- Other affect description: [Specify] \_\_\_\_\_

### Thought Process

- Organized and goal-directed (+1)
- Tangential (-1)
- Loose associations (-1)
- Circumstantial (-1)
- Other thought process description: [Specify] \_\_\_\_\_

### Thought Content

- Absence of delusions (+1)
- Presence of delusions (-1)
- Type of delusion(s): [Specify] \_\_\_\_\_

### Perception

- No perceptual disturbances (+1)
- Auditory hallucinations (-1)
- Visual hallucinations (-1)
- Other perceptual disturbances: [Specify] \_\_\_\_\_

### Cognition

- Intact orientation to time, place, and person (+1)
- Impaired orientation (-1)
- Normal memory and attention (+1)
- Impaired memory or attention (-1)
- Other cognitive observations: [Specify] \_\_\_\_\_

### Insight

- Appropriate insight into mental state (+1)
- Limited insight (-1)
- Denial of mental health condition (-1)
- Other insight description: [Specify] \_\_\_\_\_

### Judgment

- Sound judgment (+1)
- Impaired judgment (-1)
- Risk-taking behavior (-1)
- Other judgment observations: [Specify] \_\_\_\_\_

### Overall MSE Score:

### Interpretation

- Stable mental state (+1 to +3)
- Mild to moderate mental health concerns (-1 to -3)
- Severe mental health concerns (-4 or lower)

### Additional Notes and Comments

Provide any additional observations, context, or comments on the MSE assessment.