

# Morley Test

Name:

Date of birth:

Date of evaluation:

## Procedure

1. Instruct the patient to sit comfortably upright. Ensure the patient's head is in a neutral position and shoulders are relaxed.
2. Locate the supraclavicular fossa on the affected side.
3. Gently palpate the medial side of the supraclavicular fossa to assess for tenderness or palpable abnormalities.
4. Apply firm pressure using your fingertips over the supraclavicular fossa for 30 seconds.
5. Ask the patient to report any symptoms such as pain, numbness, tingling, or aching sensation in the upper limb.
6. Observe the patient for signs of discomfort or reproduction of symptoms during compression.
7. Note any palpable hard mass or structural abnormalities in the area.

## Results

- Positive:** Symptoms such as an aching sensation, localized paraesthesia, or palpable hard mass are present or a palpable hard mass in the area of the supraclavicular fossa compressed.
- Negative:** No significant symptoms or abnormalities are reproduced during the test.

## Additional notes

## Healthcare professional information

Managing doctor:

Signature:

Date: