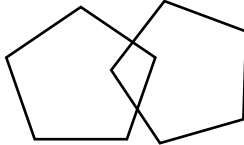


# Mini-Mental State Examination (MMSE)

Name	Date	
<b>Instructions:</b> Ask the questions in specified sequence and give one point for each correct response for each question or task.		
Questions	Maximum Score	Patient's Score
1. "What year is this?" "What is the current season?" "What month is this" "What's the date today?" "What day of the week it is?" (Score 1 point for each correct answer.)	5	
2. "Which country are we in right now?" "What state/province are we in?" "What city or town are we in?" "What city or town are we in?" "What's the street address of your home / What's the name of this building?" "On which floor are we located / In which room are currently located?" (Score 1 point for each correct answer.)	5	
3. "I'm going to name three words/objects and you need to repeat them. Then remember them because I'm going to ask you to name them again later." (EX: BALL - CAR - MAN / APPLE - PENNY - TABLE)	3	
4. "Spell WORLD backwards" Answer: <b>D-L-R-O-W</b>	5	
5. "Now, name the three objects/words I asked you to remember." (Give one point for each.)	3	
6. "What object is this?" Show a wrist watch.	1	
7. "What object is this?" Show a pencil.	1	
8. "Repeat this phrase: <b>No ifs, ands, or buts.</b> "	1	
9. "Read the words and then do what it says." (Give the patient/client a sheet of paper with <b>CLOSE YOUR EYES</b> written on it.)	1	
10. "Take the paper in your right/left hand, fold it in half, and put it on the floor." (Give the patient/client a piece of paper and score 1 for each action taken.)	3	
11. "Make up and write a complete sentence on a piece paper." (Sentence must contain a verb and noun.)	1	
12. "Copy this design, please." 	1	
<b>TOTAL:</b>	<b>30</b>	

## INTERPRETATION OF RESULTS

SCORE	DESCRIPTION	STAGE
30 - 26	normal	could be normal
25 - 20	mild	early
19 - 10	moderate	middle
9 - 0	severe	late

Folstein, M. F., Folstein, S. E., & McHugh, P. R. (1975). "Mini-mental state": A practical method for grading the cognitive state of patients for the clinician. *Journal of Psychiatric Research*, 12(3), 189-198.