Migraine Treatment Guidelines

Patient Information
Name:
Age:
Gender: [ ] Male   [ ] Female   [ ] Other:
Medical History:
Allergies:

Essential Treatment Guidelines for Migraine

1. **Acute Treatment Options:**

   - Over-the-counter medications such as NSAIDs or acetaminophen.
   - Triptans for moderate to severe migraines.
   - Combination medications for refractory migraines.

2. **Patient Education and Lifestyle Modifications:**

   - Encourage consistent sleep patterns and stress management.
   - Identify and avoid migraine triggers.
   - Educate patients on the importance of regular exercise and hydration.

3. **Individualized Treatment Plans:**

   - Tailor treatment based on migraine frequency, severity, and patient preference.
   - Consider comorbidities and potential medication overuse.

4. **Preventive Therapy:**

   - Offer preventive medications for patients with frequent or disabling migraines.
   - Discuss the potential benefits and risks of preventive treatments.

5. **Regular Follow-up and Monitoring:**

   - Schedule follow-up appointments to assess treatment effectiveness and adjust as needed.
   - Monitor for medication overuse and adherence to treatment plans.

Diagnostic Methods and Tests

Clinical Evaluation:

Physical Examination:

Headache Diary:

Imaging Studies:

Recommended/Common Treatments

1. Acute Treatment Options:

2. Preventive Therapy:

3. Lifestyle Modifications:

Migraine-related ICD and/or CPT Codes

ICD-10 Codes:

CPT Codes:

Additional Comments

Signature

Date: