## **Migraine Treatment Guidelines**

Patient Information
Name:
Age:
Gender: [ ] Male [ ] Female [ ] Other:
Medical History:
Allergies:
Essential Treatment Guidelines for Migraine
1. Acute Treatment Options:
Over-the-counter medications such as NSAIDs or acetaminophen.
<ul> <li>Triptans for moderate to severe migraines.</li> <li>Combination medications for refractory migraines.</li> </ul>
2. Patient Education and Lifestyle Modifications:
Encourage consistent sleep patterns and stress management.
<ul> <li>Identify and avoid migraine triggers.</li> <li>Educate patients on the importance of regular exercise and hydration.</li> </ul>
3. Individualized Treatment Plans:
Tailor treatment based on migraine frequency, severity, and patient preference.
Consider comorbidities and potential medication overuse.
4. Preventive Therapy:
Offer preventive medications for patients with frequent or disabling migraines.
<ul> <li>Discuss the potential benefits and risks of preventive treatments.</li> </ul>
5. Regular Follow-up and Monitoring:

Schedule follow-up appointments to assess treatment effectiveness and adjust as needed.
Monitor for medication overuse and adherence to treatment plans.

Diagnostic Methods and Tests
Clinical Evaluation:
Physical Examination:
Headache Diary:
Imaging Studies:
Recommended/Common Treatments
Recommended/Common Treatments  1. Acute Treatment Options:
1. Acute Treatment Options:
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3. Lifestyle Modifications:
Migraine-related ICD and/or CPT Codes
ICD-10 Codes:
CPT Codes:
Additional Comments
Signature
Date: