

Mental Health Diagnosis Cheat Sheet

Mood Disorders	
1. Major Depressive Disorder, Single Episode	F32
Mild	F32.0
Moderate	F32.1
Severe without Psychotic Features	F32.2
Severe with Psychotic Features	F32.3
2. Major Depressive Disorder, Recurrent	F33
Mild	F33.0
Moderate	F33.1
Severe without Psychotic Features	F33.2
3. Bipolar Disorder	F31
Current Episode Manic Without Psychotic Features	F31.1
Current Episode Manic With Psychotic Features	F31.2
Bipolar Disorder, Current Episode Depressed	F31.3 - F31.5
Anxiety Disorders	
1. Generalized Anxiety Disorder	F41.1
2. Panic Disorder [episodic paroxysmal anxiety]	F41.0
3. Social Phobia	F40.1
4. Specific Phobias	F40.2
Trauma and Stressor-Related Disorders	
1. Post-traumatic Stress Disorder (PTSD)	F43.1
2. Adjustment Disorders	F43.2
Anxiety Disorders	
1. Schizophrenia	F20
Paranoid Schizophrenia	F20.0
2. Schizoaffective Disorder	F25

Personality Disorders	
1. Borderline Personality Disorder	F60.3
2. Antisocial Personality Disorder	F60.2
Substance-Related and Addictive Disorders	
1. Alcohol Use Disorder	F10
With Withdrawal	F10.23
2. Substance Use Disorder	F11-F19
Opioid Use Disorder	F11
Neurodevelopmental Disorders	
1. Attention-Deficit/Hyperactivity Disorder (ADHD)	F90
Predominantly Inattentive Type	F90.0
Predominantly Hyperactive Type	F90.1
2. Autism Spectrum Disorder	F84.0
Eating Disorders	
1. Anorexia Nervosa	F50.0
2. Bulimia Nervosa	F50.2

Disclaimer: This cheat sheet serves as a basic guide. For comprehensive diagnosis and coding, consult the ICD-10 manual and consider each disorder's specific criteria and subcategories. Coding should always be based on detailed clinical documentation and the most accurate and current codes available.