Medical Review of Systems

Patient Name:CRUZ, LUCA

Age:37

I. General

" Fever or chills: No reported fever or chills.
" Weight changes: Patient reports a 5-pound weight loss over the past month.
" Fatigue: Occasional fatigue, especially in the afternoons.
" Weakness: No significant weakness reported.

II. Skin

" Rashes: No current skin rashes.
" Itching: Occasionally experiences itching on the back.
" Changes in moles: No recent changes reported.
" Bruising or bleeding tendencies: No abnormal bruising or bleeding.

III. Head, Eyes, Ears, Nose, Throat (HEENT)

" Headaches: Occasional tension-type headaches.
" Visual changes: Reports blurred vision, especially when reading.
" Glasses or contact lenses: Wears glasses for reading.
" Hearing loss or ringing in the ears: No hearing loss, occasional ringing in the left ear.
" Sinus problems: Chronic sinus congestion.
" Sore throat: Occasional sore throat in the morning.
" Dental problems: No current dental issues reported.

IV. Cardiovascular

" Chest pain or discomfort: No reported chest pain.
" Palpitations: Occasional palpitations, especially during stressful situations.
" Shortness of breath: Reports mild shortness of breath with exertion.
" Edema or swelling: No significant edema or swelling.

V. Respiratory

" Cough: Persistent dry cough for the past two weeks.
" Sputum production: No sputum production reported.
" Wheezing: No wheezing reported.
" Shortness of breath: Experiences shortness of breath when climbing stairs.

VI. Gastrointestinal

" Appetite changes: Decreased appetite over the past week.
" Nausea or vomiting: Occasional nausea, no vomiting.
" Abdominal pain: Mild abdominal discomfort after meals.
" Bowel habits (diarrhea, constipation): Reports alternating diarrhea and constipation.
" Changes in stool color or consistency: No noticeable changes.

VII. Genitourinary

" Frequency, urgency, or hesitancy of urination: Increased frequency of urination.
" Dysuria (painful urination): No reported painful urination.
" Hematuria (blood in urine): No hematuria reported.
" Changes in menstrual cycle: Menopausal, no recent changes.

VIII. Musculoskeletal

" Joint pain: Chronic joint pain in the knees.
" Muscle pain or weakness: No significant muscle pain or weakness.
" Limitation of movement: Mild limitation of movement in the right shoulder.
" Swelling or redness: No swelling or redness reported.

IX. Neurological

" Headaches: Reiterates occasional tension-type headaches.
" Seizures: No history of seizures.
" Weakness or numbness: No reported weakness or numbness.
" Changes in coordination: No noticeable changes.
" Tremors: No tremors reported.

X. Psychiatric

" Mood changes: Reports occasional feelings of sadness.
" Anxiety: Occasional anxiety, especially before social events.
" Depression: No formal diagnosis of depression.
" Sleep disturbances: Difficulty falling asleep, waking up early.

XI. Endocrine

" Polyuria (increased urination): Reports increased urination, especially at night.
" Polydipsia (increased thirst): No increased thirst reported.
" Changes in weight: Recently lost 5 pounds.
" Temperature intolerance: No reported temperature intolerance.

XII. Hematologic/Lymphatic

" Easy bruising or bleeding: No reported easy bruising or bleeding.
" Enlarged lymph nodes: No noticeable enlargement of lymph nodes.
" History of anemia or blood disorders: No history of anemia or blood disorders.

XIII. Allergic/Immunologic

Allergies (food, medications, environmental): Seasonal allergies to pollen.
Frequent infections: Occasional upper respiratory infections.
Immunization status: Up to date on vaccinations.

Additional Notes