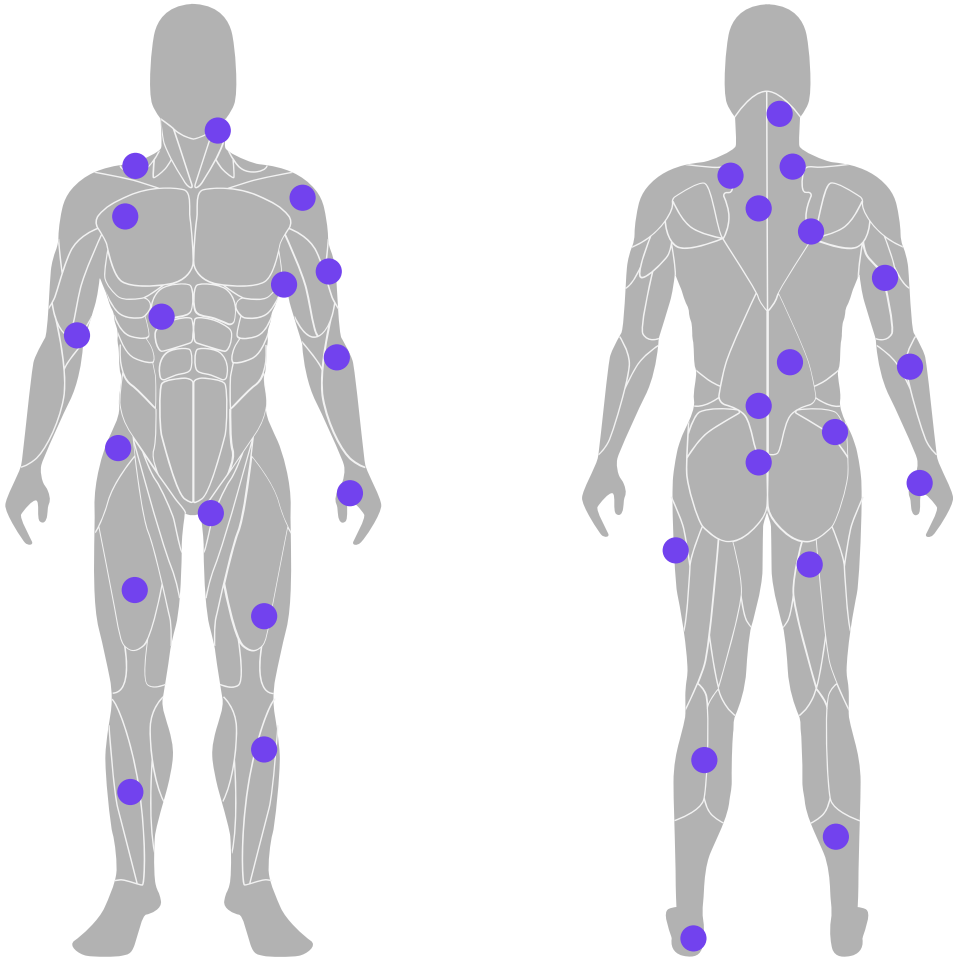


Massage Chart

Patient Information		
Name:	Age:	Date:
Background:		
Chart		
		
<small>Adapted from: "Back Trigger Points Chart Self Massage Trigger Point Guide." Body Back Company, www.bodyback.com/pages/trigger-points.</small>		
Notes:	Recommendations:	
Massage Therapist Name & Signature	Date Signed	