

Massage Chart

Patient Information

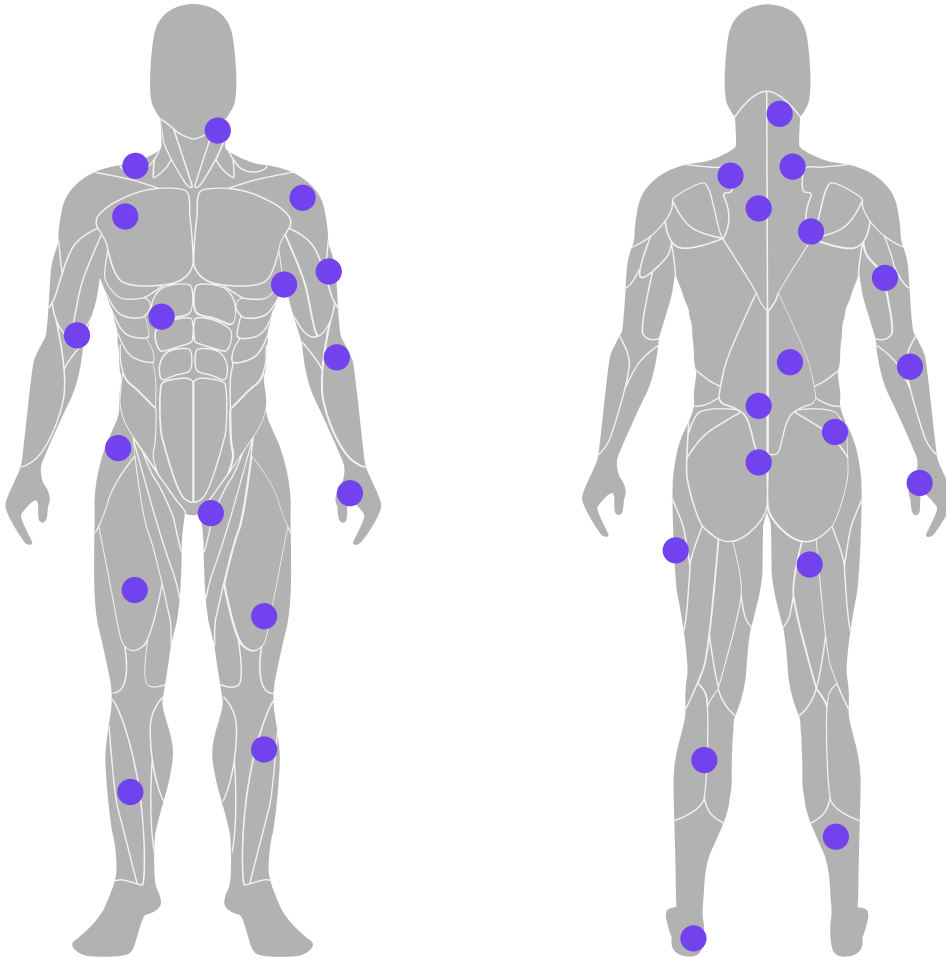
Name:

Age:

Date:

Background:

Chart



Adapted from: "Back Trigger Points Chart | Self Massage Trigger Point Guide." Body Back Company, www.bodyback.com/pages/trigger-points.

Notes:

Recommendations:

Massage Therapist Name & Signature

Date Signed