

Lupus Diagnosis Criteria

PATIENT INFORMATION		
Name:		
Age:		
Gender:		
Date:		
LUPUS DIAGNOSIS CRITERIA		
Positive antinuclear antibodies (ANA) test with a titer of >1:80 on Hep-2 cells or equivalent positive test		
Domain	Criteria	Points
Constitutional	Fever	2
Hematologic	Leukopenia	3
	Thrombocytopenia	4
	Autoimmune Hemolysis	4
Neuropsychiatric	Delirium	2
	Psychosis	3
	Seizure	5
Mucocutaneous	Non-scarring Alopecia	2
	Oral Ulcers	2
	Subacute Cutaneous or Discoid Lupus	4
	Acute Cutaneous Lupus	6
Serosal	Pleural or Pericardial Effusion	5
	Acute Pericarditis	6
Musculoskeletal	Joint Involvement	6
Renal	Proteinuria > 0.5 g/24 h	4
	Renal Biopsy Class II or V Lupus Nephritis	8
	Renal Biopsy Class III or IV Lupus Nephritis	10
Antiphospholipid Antibodies	Anticardiolipin Antibodies or	2
	Anti-β2GP1 Antibodies or	2
	Lupus Anticoagulant	2

Domain	Criteria	Points
Complement Proteins	Low C3 or Low C4	3
	Low C3 and Low C4	4
SLE-specific Antibodies	Anti-dsDNA antibody or	6
	Anti-Smith antibody	6
Total:		
Scoring and Interpretation:		
<ul style="list-style-type: none"> • A score ≥ 10 points, with at least one clinical criterion and one immunologic criterion present, or biopsy-proven lupus nephritis with a positive ANA or anti-dsDNA, is considered diagnostic for systemic lupus erythematosus (SLE). 		
<ul style="list-style-type: none"> • A score < 10 points is not diagnostic for SLE, but the patient may still require monitoring or further evaluation for other autoimmune disorders or underlying conditions. 		
<p>Note that while this scoring system can aid in the diagnosis of lupus, healthcare practitioners should also consider the patient's overall clinical picture, medical history, and any other relevant factors before making a final diagnosis.</p>		
Additional Notes:		

REFERENCES

Aringer, M., Costenbader, K., Daikh, D., Brinks, R., Mosca, M., Ramsey-Goldman, R., Smolen, J. S., Wofsy, D., Boumpas, D. T., Kamen, D. L., Jayne, D., Cervera, R., Costedoat-Chalumeau, N., Diamond, B., Gladman, D. D., Hahn, B., Hiepe, F., Jacobsen, S., Khanna, D., & Lerstrøm, K. (2019). 2019 European League Against Rheumatism/American College of Rheumatology classification criteria for systemic lupus erythematosus. *Arthritis & Rheumatology*, 71(9), 1400–1412. <https://doi.org/10.1002/art.40930>

Justiz Vaillant, A. A., Goyal, A., Bansal, P., & Varacallo, M. (2020). *Systemic lupus erythematosus*. PubMed; StatPearls Publishing. <https://www.ncbi.nlm.nih.gov/books/NBK535405/>