

Lung Function Test

Patient Information:

Name:

Date of Birth:

Gender:

Contact Information:

Medical History:

Primary Respiratory Conditions:

Medications:

Allergies:

Recent Surgeries/Procedures:

Pre-Test Guidelines:

- Take your daily medications as prescribed.
- Do not smoke for at least six hours prior to testing.
- If you use a short-acting inhaler (as needed), refrain from using it for six to eight hours before testing, if possible.

Test Components:

Spirometry:

- Lung capacity measurement (FVC)
- Forced expiratory volume (FEV1)
- FEV1/FVC ratio

Lung Volume Testing:

- Total lung capacity (TLC)
- Residual volume (RV)

Diffusing Capacity Test:

- DLCO (Diffusing Capacity for Carbon Monoxide)

Exercise Testing:

- Type of exercise (Bike/Treadmill)
- Duration of exercise: _____ minutes

Asthma Testing:

Type of specialized test: _____

Test Date & Time:

Date: _____

Time: _____

During Testing:

- A pulmonary function technician will guide you through the tests.
- Follow their instructions carefully and provide maximum effort during testing.
- You may be connected to monitoring devices for vital signs during exercise testing.

Post-Test Care:

- After the test, you can resume your normal daily activities.
- Await the doctor's explanation of test results.

Interpretation of Results:

- Normal values are based on your age, height, and gender.
- Any abnormal results may indicate a lung problem.
- Your doctor will discuss the meaning of your results with you.

Special Instructions:

- Do not engage in exercise testing if you've had a heart attack or stroke in the past three months.
- Avoid exercise testing if you have a large aneurysm of a major vessel.
- Avoid exercise testing if you've had a major head injury or recent eye surgery.
- Exercise testing is not recommended for patients experiencing confusion.

Notes/Comments: