## **List of Emotions**

## **Positive Emotions**

Joy

Gratitude Serenity

Interest

Hope Pride

Amusement Inspiration

Awe

Love

## **Negative Emotions**

Anger

**Emptiness** 

Frustration

Inadequacy

Helplessness

Fear

Guilt

Loneliness

Depression

Overwhelmed

Failure

Sadness

Jealousy

## **Additional Notes:**