

# List of Emotions

## Positive Emotions

Joy  
Gratitude  
Serenity  
Interest  
Hope  
Pride  
Amusement  
Inspiration  
Awe  
Love

## Negative Emotions

Anger  
Emptiness  
Frustration  
Inadequacy  
Helplessness  
Fear  
Guilt  
Loneliness  
Depression  
Overwhelmed  
Failure  
Sadness  
Jealousy

**Additional Notes:**