

# List of Psychological Tests

## Intelligence Tests

### **Wechsler Adult Intelligence Scale (WAIS):**

The WAIS is designed to measure human intelligence reflected through both verbal and performance abilities. It assesses aspects such as verbal comprehension, perceptual reasoning, working memory, and processing speed. The WAIS is commonly used in educational, clinical, and professional settings.

### **Stanford-Binet Intelligence Scales:**

This test measures five factors of cognitive ability: Fluid Reasoning, Knowledge, Quantitative Reasoning, Visual-Spatial Processing, and Working Memory. It is used across a broad age range, starting from two years through adulthood.

### **Raven's Progressive Matrices:**

A non-verbal test that measures abstract reasoning and is considered a good estimator of fluid intelligence. It consists of visual geometric design puzzles with a missing piece that the test-taker must identify from a set of options.

## Personality Tests

### **Minnesota Multiphasic Personality Inventory (MMPI):**

One of the most frequently used scales for psychological diagnosis and assessment. The MMPI evaluates a broad range of psychological conditions and personality attributes. It is used in mental health, criminal justice, and employment settings.

### **Myers-Briggs Type Indicator (MBTI):**

A self-report inventory designed to identify a person's personality type, strengths, and preferences. The MBTI categorizes individuals into 16 distinct personality types based on four dichotomies.

### **Big Five Personality Traits (OCEAN):**

Measures five major dimensions of personality: Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism. This model is widely accepted by psychologists as representing the core aspects of personality.

## **Achievement and Aptitude Tests**

### **Scholastic Assessment Test (SAT):**

A standardized test widely used for college admissions in the United States. It assesses reading, writing and language, and math skills.

### **American College Testing (ACT):**

Another major standardized test for college admissions, assessing English, mathematics, reading, and science reasoning skills.

## **Neuropsychological Tests**

### **Benton Visual Retention Test:**

Assesses visual perception and visual memory. It requires individuals to reproduce a series of drawings.

### **Wisconsin Card Sorting Test (WCST):**

Measures executive function, specifically the ability to display flexibility in the face of changing schedules of reinforcement.

## **Mental Health Screening and Diagnostic Tests**

### **Beck Depression Inventory (BDI):**

A 21-item self-report inventory measuring the severity of depression.

### **Hamilton Anxiety Rating Scale (HAM-A):**

A clinician-administered questionnaire assessing the severity of a patient's anxiety, based on 14 parameters.

## **Developmental and Educational Assessments**

### **Denver Developmental Screening Test (DDST):**

A screening tool for identifying developmental problems in children from birth to six years of age.

### **Bayley Scales of Infant and Toddler Development:**

Assess development in infants and toddlers, measuring five key areas: cognitive, language, physical, social-emotional, and adaptive behavior.

## **Vocational and Career Assessment Tools**

### **Strong Interest Inventory (SII):**

Helps individuals identify their work interests and matches them with potential career paths.

### **Self-Directed Search (SDS):**

A self-assessment tool that matches an individual's aspirations, activities, competencies, and levels of interest with specific career paths.

## **Behavioral Assessments**

### **Functional Behavior Assessment (FBA):**

Identifies the purposes of specific behavior and formulates an intervention plan that addresses problematic behaviors.

### **Achenbach System of Empirically Based Assessment (ASEBA):**

Offers a comprehensive approach to assessing adaptive and maladaptive functioning in children and adults.

## **Specific Clinical Assessments**

### **Autism Diagnostic Observation Schedule (ADOS):**

A semi-structured assessment of communication, social interaction, and play or imaginative use of materials for individuals suspected of having autism spectrum disorders.

### **Structured Clinical Interview for DSM-5 (SCID-5):**

A diagnostic exam used to determine DSM-5 disorders.