

# Lipid Panel Test

## Patient Information:

Name	
Date of Birth	
Gender	
Date of Test	
Physician	

## Medical History & Related Questions:

Question	Answer
History of heart diseases in the family?	
Previous cholesterol tests?	
Medications currently taken?	
Any recent surgeries or medical procedures?	
Dietary habits (vegetarian, vegan, etc.)?	

## Tests & Findings:

Test	Result	Reference Range
Total Cholesterol		< 200 mg/dL (Desirable)
LDL (Low-Density Lipoprotein)		< 100 mg/dL (Optimal)
HDL (High-Density Lipoprotein)		> 60 mg/dL (Best)
Triglycerides		< 150 mg/dL (Normal)

## Interpretation:

**Total Cholesterol:**

**LDL:**

**HDL:**

**Triglycerides:**

**Overall Interpretation:**

Doctor's Signature:



Name:

Date:

## Lipid Panel Test Reference Ranges

Test	Reference Range for Males	Reference Range for Females
<b>Total Cholesterol</b>		
Desirable	< 200 mg/dL	< 200 mg/dL
Borderline high	200-239 mg/dL	200-239 mg/dL
High	≥ 240 mg/dL	≥ 240 mg/dL
<b>LDL (Low-Density Lipoprotein)</b>		
Optimal	< 100 mg/dL	< 100 mg/dL
Near optimal	100-129 mg/dL	100-129 mg/dL
Borderline high	130-159 mg/dL	130-159 mg/dL
High	160-189 mg/dL	160-189 mg/dL
Very high	≥ 190 mg/dL	≥ 190 mg/dL
<b>HDL (High-Density Lipoprotein)</b>		
Best	> 60 mg/dL	> 60 mg/dL
Better	40-59 mg/dL	50-59 mg/dL
Poor	< 40 mg/dL	< 50 mg/dL
<b>Triglycerides</b>		
Normal	< 150 mg/dL	< 150 mg/dL
Borderline high	150-199 mg/dL	150-199 mg/dL
High	200-499 mg/dL	200-499 mg/dL
Very high	≥ 500 mg/dL	≥ 500 mg/dL