

Life Plan

Personal Mission Statement

I. Self Reflection

A. Values:

B. Strengths:

C. Weaknesses

II. Health and Wellness

A. Physical Health

B. Mental Health

III. Career and Education

A. Career Goals

B. Education

IV. Finances

A. Budget

B. Debt

V. Relationships

A. Family

B. Friends

C. Romantic

VI. Personal Development

A. Hobbies and Interests

B. Learning

VII. Leisure and Recreation

A. Travel

B. Entertainment

VIII. Giving Back

A. Volunteering

B. Philanthropy

IX. Long-Term Goals

A. Retirement

B. Legacy

X. Review and Adjust