Knee Orthopedic Test

Section	Details
Patient Information	
Name	John Steven Dueñas
Date of Birth	15 / 06 / 1985
Contact Number	(123) 456-7890
Address	
Medical History	
Previous Knee Injuries	☑ Yes ☐ No
Date of Injury	20 / 09 / 2020
Type of Injury	Twisted knee during a hiking trip
Surgeries on Knee	☐ Yes ☑ No
If yes, Date of Surgery	N/A
Type of Surgery	N/A
Medications	Ibuprofen as needed
Questions	
Pain Level (1-10)	5
Swelling?	☑ Yes ☐ No
Clicking/Popping Sound	☐ Yes ☑ No

Morning Stiffness?	☐ Yes ☑ No
Activity Limitations?	☑ Yes (Struggles with squatting and kneeling) ☐ No
Tests	
McMurray Test	☐ Positive ☑ Negative ☐ N/A
Apley’s Compression Test	☐ Positive ☑ Negative ☐ N/A
Lachman Test	☑ Positive ☐ Negative ☐ N/A
Drawer Test	☐ Positive ☑ Negative ☐ N/A
Findings	
Observations	Mild swelling observed on the right knee, No apparent deformities. Slight redness noted.
Palpation Findings	Tenderness on the medial side of the knee

Interpretation	
Test Results	Suggestive of medial meniscus tear
Recommendations	MRI for further investigation, Physical Therapy
Overall Interpretation	
Conclusion	Based on the patient's history and clinical examination, there is a suspicion of a medial meniscus tear. An MRI is recommended for a definitive diagnosis.
Recommendations	Restrict activities that exacerbate pain. Consider using a knee brace for support.