

# Kids Blood Pressure Chart

Blood Pressure Readings	Systolic BP (mm Hg)	Diastolic BP (mm Hg)	Patient's Age	Height Percentile
Normal Range	≤ 110	≤ 75	6-9 years	50th-75th
Elevated	111-116	76-81	6-9 years	50th-75th
Stage 1 Hypertension	117-122	82-88	6-9 years	50th-75th
Stage 2 Hypertension	> 123	> 89	6-9 years	50th-75th

## Additional Notes

**Blood Pressure Reading:**

**Assessment:**

**Recommendations:**

**Doctor's Signature:**



**Name:**

**Date:**