

Karnofsky Performance Scale

Name: _____ Age: _____ Gender: _____

Examiner: _____ Date: _____

Please tick the appropriate rating for your patient in terms of their capability to do activities of daily living while dealing with a serious medical illness or two.

Value	Level of functional capacity	Condition
100%	No complaints; no evidence of disease	Able to carry on normal activity and to work. No special care is needed.
90%	Able to carry on normal activity; minor signs or symptoms of disease	
80%	Normal activity with effort; some signs or symptoms of disease	
70%	Cares of self; unable to carry on normal activity or to do active work	Unable to work; able to live at home and care for most personal needs; varying amount of assistance is needed.
60%	Requires occasional assistance but is able to care for most personal needs	
50%	Requires considerable assistance and frequent medical care	
40%	Disabled; requires special care and assistance	Unable to care for self; requires equivalent of institutional or hospital care; diseases may be progressing rapidly.
30%	Severely disabled; hospital admission indicated although death not imminent	
20%	Very sick; hospital admission necessary; active supportive treatment necessary	
10%	Moribund; fatal processes progressing rapidly	
0%	Dead	

Additional notes

Crooks, V. C., Waller, S., Smith, T. J., & Hahn, T. J. (1991). The use of the Karnofsky Performance Scale in determining outcomes and risk in geriatric outpatients. *Journal of Gerontology*, 46(4), M139–M144. <https://doi.org/10.1093/geronj/46.4.m139>

Schag, C. C., Heinrich, R. L., & Ganz, P. A. (1984). Karnofsky Performance Status revisited: reliability, validity, and guidelines. *Journal of Clinical Oncology*, 2(3), 187–193. <https://doi.org/10.1200/jco.1984.2.3.187>