

# Iron Levels in Pregnancy Chart

## Patient Information

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Contact Information: \_\_\_\_\_

Medical Diagnoses (if applicable): \_\_\_\_\_

Gestation Period/ Trimester: \_\_\_\_\_

Referring Physician's Name and Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### *Indicate any symptoms below:*

- Weakness
- Fatigue
- Depression
- Lack of concentration
- Susceptible to cold
- Yellowing skin

## IRON LEVELS IN PREGNANCY TESTS

	Normal Range	Patient's Result	Interpretation
Serum Iron Test	T1: 13 - 26 $\mu\text{mol/L}$ T2: 8- 32 $\mu\text{mol/L}$ T3: 5 - 35 $\mu\text{mol/L}$		
Total Iron-Binding Capacity (TIBC) Test	T1: 42 - 73 $\mu\text{mol/L}$ T2: 54 - 93 $\mu\text{mol/L}$ T3: 68 - 107 $\mu\text{mol/L}$		
Ferritin Blood test	T1: 6 - 130 ng/mL T2: 2 - 230 ng/mL T3: 0 - 166 ng/mL		

**Summary:**

**Additional Notes:**