

Iron Levels Chart

Patient information			
Patient name:			
Date of birth:		Sex:	
Contact information:			
Medical diagnosis (if applicable):			
Physician's name:			
Physician's signature:			
Date:			
Iron test	Normal range	Patient's results	Interpretation
Serum iron test	Males: 75–150 mcg/dL (13–27 micromol/L) Females: 60–140 mcg/dL (11–25 micromol/L) Children: 50 to 120 mcg/dL (9.0 - 21.5 mcmol/L)		
Transferrin test	215 to 380 mg/dl		
Total iron binding capacity (TIBC) test	240 to 450 mcg/dL		
Ferritin blood test	30–300 ng/mL (67.4 to 674.1 pmol/L)		
<i>Note: Normal values may vary among laboratories.</i>			

Remarks

References

Faruqi, A., & Mukkamalla, S. K. R. (2024, May 2). *Iron binding capacity*. PubMed; StatPearls Publishing. <https://www.ncbi.nlm.nih.gov/books/NBK559119/>

MSD Manual Professional Edition. (2024). *Typical normal serum values for iron, iron-binding capacity, ferritin, and transferrin saturation*. <https://www.msmanuals.com/professional/multimedia/table/typical-normal-serum-values-for-iron-iron-binding-capacity-ferritin-and-transferrin-saturation>

University of Rochester Medical Center Rochester. (2019). *Transferrin*. <https://www.urmc.rochester.edu/encyclopedia/content.aspx?contenttypeid=167&contentid=transferrin>