

# Iron Levels Chart for Adults

## Patient Information

Name:

Date of Birth:

Gender:

Medical Record Number:

**Date of Test:**

## Test Results

- Hemoglobin (g/dL):
- Serum Ferritin (ng/mL):
- Transferrin Saturation (%):

## Reference Ranges

- Hemoglobin:
  - Men: 13.8 - 17.2 g/dL
- Serum Ferritin: 12 - 300 ng/mL
- Transferrin Saturation: 20% - 50%

## Interpretation

- Hemoglobin:
  - Normal
  - Low
  - High
- Serum Ferritin:
  - Normal
  - Low
  - High
- Transferrin Saturation:
  - Normal
  - Low
  - High

**Notes:**

**Recommendations**

- Further Evaluation Required
- Iron Supplementation
- Dietary Changes
- Consult Hematologist
- Follow-Up Test in 6 months

**Healthcare Provider's Signature:**

**Summary:**