

Iron Levels Chart for Adults

Patient Information

Name:

Date of Birth:

Gender:

Medical Record Number:

Date of Test:

Test Results

- Hemoglobin (g/dL):
- Serum Ferritin (ng/mL):
- Transferrin Saturation (%):

Reference Ranges

- Hemoglobin:
 - Men: 13.8 - 17.2 g/dL
- Serum Ferritin: 12 - 300 ng/mL
- Transferrin Saturation: 20% - 50%

Interpretation

- Hemoglobin:
 - Normal
 - Low
 - High
- Serum Ferritin:
 - Normal
 - Low
 - High
- Transferrin Saturation:
 - Normal
 - Low
 - High

Notes:

Recommendations

- Further Evaluation Required
- Iron Supplementation
- Dietary Changes
- Consult Hematologist
- Follow-Up Test in 6 months

Healthcare Provider's Signature:

Summary: