

# Ineffective Airway Clearance Nursing Care Plan

## Patient Information

Name:

Age:

Medical Record Number:

Date of Admission:

Primary Diagnosis:

## Assessment

Breathing Patterns (e.g., shallow, labored):

Lung Sounds (e.g., wheezing, crackles):

Frequency of Cough:

Sputum Characteristics (e.g., color, consistency):

Oxygen Saturation Levels:

Risk Factors (e.g., smoking, asthma):

## Nursing Diagnosis

Ineffective Airway Clearance related to:

as evidenced by:

## Goals and Outcomes:

- Short-Term Goal: Patient will demonstrate improved airway clearance within 24 hours.
- Long-Term Goal: Patient will maintain clear airway on discharge.
- Expected Outcomes
  - Demonstrates effective coughing and expectoration.
  - Maintains oxygen saturation within normal range.
  - Reports decreased dyspnea.

## Interventions and Rationales

1. **Chest Physiotherapy:** To enhance mucus clearance and improve ventilation.
2. **Suctioning (if required):** To remove secretions and maintain airway patency.
3. **Positioning (e.g., semi-Fowler's):** To maximize lung expansion and ease breathing.
4. **Hydration and Humidification:** To thin secretions for easier expectoration.
5. **Respiratory Exercises:** To strengthen respiratory muscles and improve breathing efficiency.

## Evaluation

- Document patient's response to interventions:
  
- Reassess goals and modify care plan based on patient's progress:

## Nurse's Signature

Date:

**Disclaimer:** This template is for clinical guidance and should be adapted to each patient's individual needs. Always consult with a healthcare provider for professional medical advice.