

Imbalanced Nutrition Nursing Care Plan

Patient's Information

Patient's Name:

Birthday:

Age:

Sex:

Weight:

Height:

Nursing Diagnosis

1. Subjective Data

2. Objective Data

Goals

1. Short-Term Goal

2. Long-Term Goal

Interventions

1. Nutritional Assessment

2. Education

3. Meal Planning

4. Monitoring

5. Evaluation

6. Short-Term

7. Long-Term

Documentation