## **Hypertension Nursing Care Plan**

| Patient Information                 |
|-------------------------------------|
| Name:                               |
| Age:                                |
| Gender:                             |
| Medical History:                    |
| Allergies:                          |
| Assessment                          |
| 1. Vital Signs:                     |
| 2. Physical Assessment:             |
| 3. Laboratory and Diagnostic Tests: |
| Diagnosis                           |
|                                     |
| Planning                            |
| Goals:                              |

| Interventions:             |
|----------------------------|
| Implementation             |
| 1. Medical Administration  |
| 2. Education               |
| Evaluation                 |
| 1. Assess Patient Response |
| 2. Modify Care Plan        |
| Follow-Up                  |
|                            |
| Nurse's Signature          |
| Name:                      |
| Date:                      |
|                            |