

House-Tree-Person Test

Name: Gabriel Martinez

Age: 8

Date: April 2, 2024

Instructions for the Patient

1. Please draw a house on the paper provided. Try to include as many details as you can, like windows, a door, and a roof.
2. Now, please draw a tree next to the house. Make sure to include details like the trunk, branches, and leaves.
3. Lastly, draw a person standing near the house or tree. Add as many details as you like such as eyes, hair, and clothes.

Remember, there is no right or wrong way to draw. Just do your best! Take your time and don't worry if it's not perfect.

Instructions for the Caretaker (if applicable)

- Please ensure the child has a comfortable place to draw.
- Encourage the child to complete the drawings without interference.
- If the child asks for guidance, kindly remind them to draw whatever comes to their mind.

Draw the house, tree, and person below



Questions about the House

Who lives in this house?

My family and our dog

Do friends or family come to visit?

Sometimes my grandma visits

Is this a happy place?

Yes, but it's also noisy

What is the house made from?

Bricks, but some are broken. The roof is metal like with my house, it's a bit rusty

What happens inside this house?

We eat, play, and watch TV together

Questions about the Tree

What type of tree is this?

It's an old oak tree

How old do you think this tree is?

Very old, like grandma

What season is it for this tree?

It looks like fall because the leaves are falling

Is this tree healthy and strong?

Not really, it looks a bit sad

Who takes care of this tree?

No one, it's just there

Questions about the Person

Can you tell me about this person?

That's me, Gabby

How old is this person?

I'm 8 years old

How is this person feeling?

I'm happy because I'm holding my favorite toy

Is this person having a good day?

Yes, it's a good windy day

What does this person enjoy doing?

I like playing with my toys and my dog outside

Healthcare Professional's Notes

Observations on the house:

The house appears cluttered, with signs of disrepair, indicating a challenging living environment. A window shows a family inside, suggesting the importance of family in the child's life. A smiling dog is drawn outside the house, showing they value their pet who he has mentioned as protective.

Observations on the tree:

The tree looks dry, with sparse leaves, which might reflect feelings of neglect or a lack of nurturing in the child's surroundings.

Observations on the person:

Gabby drew himself in a very detailed manner, holding his favorite rocket toy, indicating a strong sense of self and a possible escape into imagination or play as a coping mechanism.

Overall interpretation:

The drawings suggest that despite the challenges in the child's living conditions, there is a strong sense of family and self. The dry tree might indicate a need for more support and nurturing in the child's life.

Additional notes:

Gabby was very engaged in the drawing process, paying attention to details, which shows a level of introspection and self-awareness. He spent the most time drawing himself, with the house coming a close second.

Healthcare Professional's Information and Contact Details

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