Home Care Form

Patient Information	
Name: Emily Johnson	Date of Birth: February 15, 1965
Address: 123 Oak Street, Anytown, USA	
Phone Number: (555) 555-1234	Email: emily@email.com
Emergency Contact: Sarah Johnson (Sister), (555) 555-5678	

Health History
Current Medical Conditions:
Emily has been diagnosed with Type 2 diabetes and hypertension. She also has a history of osteoarthritis.
Past Medical History:
Emily underwent knee replacement surgery in 2018 and has a history of high cholesterol.
Medications:
Metformin 1000mg, twice daily Lisinopril 10mg, once daily Atorvastatin 20mg, once daily
Allergies:
None reported.
Previous Surgeries or Procedures:
Knee replacement surgery in 2018.
Primary Care Physician:
Dr. David Smith, Anytown Medical Center.

Home Environment
Living Situations:
Emily lives alone in a two-story house with stairs leading to the bedrooms.
Safety Hazards:
Uneven flooring in the kitchen, loose rugs, and poor lighting in the hallway.
Mobility Challenges:
Emily experiences difficulty climbing stairs and walking long distances due to knee pain.
Home Modifications Needed:
Handrails installed in the bathroom and along staircases, removal of loose rugs, and improved lighting in dimly lit areas.
Care Needs
Assistance Required:
Emily needs assistance with bathing, dressing, and managing her medications.
Mobility Assistance:
Emily uses a cane for support and occasionally requires a walker for longer distances.
Meal Preparation Preferences or Restrictions:
Emily prefers low-sodium meals with a focus on fresh fruits and vegetables. She avoids processed foods and sugary snacks.
Medication Administration Instructions:
Medications should be administered with food to minimize gastrointestinal side effects. Emily needs reminders to take her medications at the correct times.

Preferred Schedule
Days and Times Preferred for Visits:
Mondays, Wednesdays, and Fridays between 10:00 AM and 2:00 PM.
Frequency of Visits Desired:
Three times per week for medication management and assistance with personal care.
Additional Comments or Concerns
Emily enjoys gardening and would appreciate assistance with maintaining her garden beds during visits. She values her independence but acknowledges the need for support to ensure her safety and well-being at home.