

Hoffman's Sign Test

Patient's full name:

Date examined:

Physician's full name:

What you need: two chairs

Instructions:

- Have your patient sit down
- Tell them to relax the whole time
- Pick one of their hands and position it in a way that ensures the dorsiflexion at the wrist and the partial flexion of their fingers
- Hold the patient's partially extended middle finger and stabilize the proximal joint using your index finger and middle finger
- Once their middle finger is in position, you need to perform a flick of your thumb (you must ensure that it makes contact with the nail of your patient's middle finger)
- The flick doesn't have to be too strong. It needs to be abrupt

Results:

- Negative:** no involuntary movement when the middle finger is flicked
- Positive:** the index finger and thumb flexed involuntarily

Additional Comments:

